



Sailability Darling Downs Inc

Freedom on the water regardless of ability



Our Mission

*“To provide people with Disabilities the opportunity
To participate in the sport of Sailing in a safe, fun
and supportive environment.”*

- where** Darling Downs Sailing Club Inc
Cooby Dam
(Straight ahead through the gates Loveday Cove)
- days** Third Sunday of every month
(*weather permitting – check Facebook*)
- when** 9.30 am until 2.00 pm approx.
- cost** \$8.00 per person (30 minute (approx.) Sail time)
\$15.00 for 2 in a family
\$20.00 for 3 in a family

**Contact Glen Garvey 0419 176 441
for more details**

refreshments

Tea, coffee, slices, sausage sizzle and drinks available to purchase or bring along a picnic and enjoy the beautiful surrounds of the foreshore while watching.

what to bring?

Sun screen! Maybe a spare set of clothes – just in case some splashing in the water happens!

bookings

Limited spaces so please contact us to book and also to discuss needs.

Phone Glen Garvey 0419 176 441
Contact ddsailability@gmail.com
Social Go to our Facebook page

We encourage all to come and have a look, even if you are not sailing, and enjoy an idyllic, relaxing day near the water.

about us

We are part of a world-wide non-profit organization run entirely by volunteer members. Our goal is to give people with disabilities an opportunity to make their dreams a reality by achieving freedom through sailing.

our sailors

Sailability sailors come from all walks of life. Sailing for people with disabilities provides a fun activity plus valuable therapeutic, recuperative and social benefits in a peer group that is excellent for personal growth. We cater for individuals, schools and community groups. If you would like to participate as a sailor or you know someone who would like to try Sailability, please contact us.

our boats

We sail access 303 and 2.3 dinghies that are stable and designed **not** to capsize – in fact they are almost impossible to capsize. They are made of fibreglass with heavily ballasted centreboards. They have a unique seating position and a joystick for easy manoeuvrability. The 2.3's have a single sail and the 303 has two sails. Sails on both types can be trimmed whilst on the water. They are an ideal learn to sail vessel suitable for all ages and sizes.



sailability sailors

We welcome you to Sailability Darling Downs. We hope that your day at Sailability Darling Downs will be an enjoyable social occasion for everybody and that friendship and interaction become the order of the day.

We want to give you the best possible sailing experience! We recognise for many of our sailors this will be the first time they have ever been in a sailing dinghy. Initially, we will taking things very slowly to ensure the sailor is totally comfortable in their new environment on the water.

For some sailors the experience may simply be a ride on a boat and never any more and that is totally OK.

As the sailor develops comfort we will start to engage the sailor in discussion about sailing. We might start off by explaining some basic sailing terms e.g. Port means Left and Starboard means Right.

For those sailors that may have joined us a number of times we might introduce some basic handling skills and even allow the sailor one hand on the tiller (steering wheel) while the skipper keeps their hand also firmly on the tiller.

For the most advanced sailors we may even be able to introduce them to sailing as part of a broader sailing club.

Remember, for the elite level sailors there is a pathway all the way to the Para Olympic Games and beyond.



safety and supervision

While on the water we just ask that you always carefully follow the instructions of the skipper – they have been trained to help you.

Also while on the water we ask that you never try to exit the boat. If for any reason you feel uncomfortable – just let your skipper know and they will take immediate action to return you to shore as quickly as possible.



sailability carers

We welcome you to Sailability Darling Downs. We hope that your day at Sailability Darling Downs will be an enjoyable social occasion for everybody and that friendship and interaction become the order of the day.

Bookings are essential as places will be limited, particularly as we develop our resources. We're happy to take group bookings and for you to book ahead for some weeks. Please [contact us](#).

We do ask that you advise us as soon as practicable of inability to attend so that we can allocate places to other people.

safety and supervision



We recognise our duty of care to you and your Client (our Sailor) and safety is the first priority in all our activities. We are happy to discuss any concerns you may have in this regard.

Our Officer of the Day is responsible for all activities at sailing and is the person to speak to.

To ensure safety and comfort for all, we would ask you to observe the following Guidelines:-

- 1. Responsibility for your charges rest with, the Parent/Carer, at all times until after our client (our Sailor) is safely seated in the boat. Your responsibility resumes as soon as the boat is out of the water at the end of the sail and we request that you be there and assist as much as possible in the transfer to and from the boat.*
- 2. To minimise delays and maximise the number of sailors we can cater for, toileting needs should be anticipated as much as possible before sailing and sun protection provided in advance.*
- 3. When asked to prepare our client for sailing, we ask that you assist with the fitting and secure fastening of lifejackets. We need you to accompany our client to the loading area to supervise their transfers to and from the boat and to advise the OOD and dinghy skipper of any medical, behavioural factors or other factors that could affect safety on the water.*
- 4. For safety and as space is limited, we request that you stay outside the Boat Shed unless assisting and that you drive carefully around the area.*



sailability volunteers



Sailability provides sailing opportunities for people with disabilities. The joy and laughter of our sailors is our reward. We make a difference!

We need on-shore helpers as well as safety boat and sailing crews to help our friendly team of volunteers. Previous experience is not required and casual helpers are welcome. There is no ongoing commitment – you choose which Sundays you come.

If you would like to help please contact us. You can complete a membership form and bring it with you – but we have blank ones too.

These are some of the tasks we carry out:

- Rigging and launching dinghies
- Fitting life jackets
- Operation of the support boat
- Sailing the dinghies
- Administration
- Winching sailors into dinghies
- Assisting on the shore

blue card System

As a volunteer you will be working with young people and will, with few exemptions, require a Blue Card – we will help organise this with you.

Take your completed form to the Secretary along with the personal identification you have nominated on the form. The secretary has been designated as our organisation/volunteer co-ordinator. There is no fee for Blue Cards for volunteers.



sailability supporters and donators

Sailability Darling Downs only exists because of its supporters and donators.

We welcome any sort of support that can be offered, including:-

- Cash
- Your time spent volunteering (either you personally or allowing your staff to support Sailability Darling Downs)
- The donations of goods and services

Your reward is introducing something completely different to a person with a disability. More than anything we encourage you to come and visit Cooby Dam and Sailability Darling Downs to see just how well received sailing is.

We are a Registered Deductible Gift Recipient with the Australian Taxation Office (ABN 80 922 560 701). So if you are looking to save a little tax your donations are fully tax deductible.



sponsors

We are always looking for more sponsors – some our current sponsors include:-

